

Honoring Your Essence

Through eons of time we have evolved to produce the ultimate human genus. Winds of change, inevitable and profound, remain steadfast bringing us currently to a most sacred state of awareness. As a living species, we may reap rewards far greater than once realized. Our new and improved human model has reached one of high complexity. Our internal rhythms are constantly communicating with us speaking loudly and clearly. Through years of practice, we have learned to squelch or ignore these vital cues. (Today) we are attempting to remove the distractions of self, thereby, increasing our reception to this frequency. If we are to achieve true greatness, then the need to do so will be in a manner consistent with our internal rhythms. Initially, this may appear to be a simple task. However, this requires us to know who we truly are, our true self. It is this reflection self, unbiased and non-judgmental, which has challenged many.

The realization that we are interconnected to each other is only the beginning. Encountering our specificity and uniqueness remain allusive. In a society which promotes "keeping up with the Jones" success or accomplishment is based upon comparison. When we take our cues from outside sources in order to gain acceptance, we lose our sense of self. Your unique gift to this world is you. Then and only then when that is realized are you traveling on uncharted ground of which there is no comparison. It is apparent that inner guidance now prevails as the dominant precursor toward our healing and survival. No other time in history has so emphatically pointed within as does this now moment. We are being lead to greatness through the ineptness of our most recent past. Are you prepared to answer the call? More importantly, are you willing?