

Catalyst Creed

I am committed to enjoying the fullness of this life
and sharing the fullness of this life with Catalyst.

I do not diagnose or treat conditions.

I touch people.

I seek only to support.

I use my hands to communicate my deep respect for all of life.

Through my touch, I encourage the body to be more aware of itself
and of the intelligence of life flowing through it.

I empower the body to respond peacefully to life
so that the whole person can live more completely and oh so sweetly.

I am here to serve,

directed by the wisdom that permeates and transcends this universe.

I breathe truth with every breath as life continues to reveal itself.

I listen with a humble and grateful heart,

looking only for what is right.

My life is the solution.

I live with complete integrity and congruency.

My actions demonstrate the sincerity of my thoughts and words.

I see the bigger picture, knowing that this life is not about me,

knowing that change comes through me - not from me.

I know I am a success

and that the perfection in life is always available for me to embrace.

I live totally in the love of this moment

meeting the contribution I was born to make.

I stimulate all that is good

and my life offers encouragement.

I am a Catalyst.