

If Catalyst Was Just

- If Catalyst was just any one thing, it wouldn't be Catalyst, however...
- If Catalyst was just peace, breath, movement, and fluidity, it would be enough.
- If Catalyst was just unconditional welcoming, it would be enough.
- If Catalyst was just newness and variability, it would be enough.
- If Catalyst was just intention, initiation, and integration, it would be enough.
- If Catalyst was just sanctification, it would be enough.
- If Catalyst was just assessing, addressing, and educating, it would be enough.
- If Catalyst was just enhancing awareness, it would be enough.
- If Catalyst was just touching the sacred, it would be enough.
- If Catalyst was just resonant energy work, it would be enough.
- If Catalyst was just Blue Night, it would be enough.
- If Catalyst was just epigenetic influence, it would be enough.
- If Catalyst was just neurological nutrition, it would be enough.
- If Catalyst was just answering the call, it would be enough.
- If Catalyst was just full body engagement, it would be enough.
- If Catalyst was just "nurturing the sanctity of the body," it would be enough.
- If Catalyst was just ushering toward greatness, it would be enough.
- If Catalyst was just visualizing the way things will be, it would be enough.
- If Catalyst was just active stopping, it would be enough.
- If Catalyst was just passive movements, it would be enough.
- If Catalyst was just the touch of respect, it would be enough.
- If Catalyst was just the space-based, it would be enough.
- If Catalyst was just facilitating connections, it would be enough.
- If Catalyst was just cohesive and coherent expressions, it would be enough.

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If Catalyst was just Inspiration Breath, it would be enough.

If Catalyst was just any *one* of its over 30 techniques, it would be enough.

If Catalyst was just gratitude/humility, it would be enough.

If Catalyst was just serving the unknown face, it would be enough.

If Catalyst was just letting the work do the work, it would be enough.

If Catalyst was just giving permission to do what you don't know, it would be enough.

If Catalyst was just monitoring improvement indicators, it would be enough.

If Catalyst was just empowering each "participant," it would be enough.

If Catalyst was just "moving toward," it would be enough.

If Catalyst was just Forward Healing, it would be enough.

If Catalyst was just living in the solution, it would be enough.

If Catalyst was just scheduling your success, it would be enough.

If Catalyst was just tracking, it would be enough.

If Catalyst was just locating and contacting the Area of Influence, it would be enough.

If Catalyst was just enhancing body dynamics, it would be enough.

If Catalyst was just softening the dynamic response, it would be enough.

If Catalyst was just relating things back to its teachings, it would be enough.

If Catalyst was just Active Stopping, it would be enough.

If Catalyst was just resting in a torqued position, it would be enough.

If Catalyst was just making offerings, it would be enough.

If Catalyst was just supporting the ever-emerging inner genius, it would be enough.

If Catalyst was just working with the strand and energyings, it would be enough.

If Catalyst was just dissemination and dissipation, it would be enough.

If Catalyst was just recalibration, it would be enough.

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If Catalyst was just honoring tensional integrity, it would be enough.

If Catalyst was just enhancing functional integrity, it would be enough.

If Catalyst was just asking quality questions, it would be enough.

If Catalyst was just being in the inquiry, it would be enough.

If Catalyst was just the soft hand, it would be enough.

If Catalyst was just unwinding tension, it would be enough.

If Catalyst was just activating neural connectors, it would be enough.

If Catalyst was just trusting the integrity of the process, it would be enough.

If Catalyst was just working with four different body types, it would be enough.

If Catalyst was just working with four different types of care, it would be enough.

If Catalyst was just working with red, yellow, and blue, it would be enough.

If Catalyst was just “state dependent,” it would be enough.

If Catalyst was just acclimatizing, it would be enough.

If Catalyst was just being conscious of metabolic capacity, it would be enough.

If Catalyst was just finding the threshold point of responsiveness, it would be enough.

If Catalyst was just walking away and returning with new eyes, it would be enough.

If Catalyst was just practical integration, it would be enough.

If Catalyst was just working with Swirl, it would be enough.

Yet, Catalyst is all of that and so much more.

Catalyst is more than we can perceive.

What we can perceive, though, is the awesome uniqueness of Catalyst.