

Thriveapeutic Infractions:

- Thou Shalt Not Complain
- Thou Shalt Not Entertain Drama
- Thou Shalt Not Play the Victim
- Thou Shalt Not Ignore Any Calls to Answer
- Thou Shalt Not Waste a Reaction by *not* Assessing & Addressing it Like a Boss
- Thou Shalt Not Express Arrogance
- Thou Shalt Not Give Any Impression of Owning the Totality of Truth
- Thou Shalt Not Forget the Infinite Nature of Thy Ignorance
- Thou Shalt Not Parade Any Truth Thoust Has as Being Complete
- Thou Shalt Not Offer Low-Hanging-Fruit Criticism
- Thou Shalt Not Focus on Problems
- Thou Shalt Not Place Attention on Things that Are Not Solutions
- Thou Shalt Not Provide an Unsafe Environment for Others to Express Themselves
- Thou Shalt Not Invalidate Experiences of Others and Thy Self
- Thou Shalt Not Assume that a Correlation or a Connection Does Not Exist
- Thou Shalt Not Deny Phenomena
- Thou Shalt Not Project Personal Reality
- Thou Shalt Not See Anything as Bad
- Thou Shalt Not Cast a Dark Spell On Anything or Anyone
- Thou Shalt Not Curse a Situation
- Thou Shalt Not Make Matters Worse
- Thou Shalt Not Over-Personalize and Fuel Thy's Narcissism
- Thou Shalt Not Think Destructively
- Thou Shalt Not Waste an Opportunity to Think Productively
- Thou Shalt Not Feel Sorry for Thy Self
- Thou Shalt Not Engage in Any Form of Temper Tantrum
- Thou Shalt Not Kick & Scream All the Way to Paradise
- Thou Shalt Not Take Things for Granted
- Thou Shalt Not Resist the Liberation of Swirl
- Thou Shalt Not Lack Gratitude Ever
- Thou Shalt Not Maintain No Hope
- Thou Shalt Not Starve Spiritually
- Thou Shalt Not Pretend Thoust Better Than Others
- Thou Shalt Not Threaten Individual Freedoms
- Thou Shalt Not Withhold Dignity of Others and Thy Self
- Thou Shalt Not Forget to Laugh at Thy Silliness
- Thou Shalt Not Lie
- Thou Shalt Not Hold Any Position Without Being Humble
- Thou Shalt Not Channel Disrespect of Any Kind
- Thou Shalt Not Use Words Carelessly
- Thou Shalt Not See Things Poorly or In a Bad Light
- Thou Shalt Not Interpret Anything Negatively
- Thou Shalt Not Stop Learning
- Thou Shalt Not Lack Faith in Life's Wisdom
- Thou Shalt Not Live as a Zombie